

## Berkley Middle & High School Lunch Food Allergies

*Top 9 Common Food Allergens: Eggs, Peanut, Tree Nut, Milk, Sesame, Soy, Fish, Shellfish, Wheat*

<b>Food Item</b>	<b>Allergies</b>
<u>M&amp;HS:</u> Crazy Bread Green Beans	Milk, Soy & Wheat None
<u>M&amp;HS:</u> Doritos Taco Meat Cheese Sauce Shred Lettuce Salsa Cup Black Beans	Milk None Milk None None None None
<u>M&amp;HS:</u> Chicken Tenders Sate Sauce Brown Rice Carrot Coins	Soy & Wheat Soy None None
<u>MS:</u> Mini French Toast Turkey Sausage Tater Tots Syrup <u>HS:</u> French Toast Sticks Turkey Sausage Tater Tots Syrup	Wheat, Egg, Milk & Soy None None None, Kosher Wheat & Soy None None None, Kosher
<u>M&amp;HS:</u> Bosco Sticks Marinara Cup Spinach Romaine Ranch	Milk & Wheat None, GF/Kosher None None Milk & Egg

<b>Food Item</b>	<b>Allergies</b>
<u>M&amp;HS:</u> Turkey Frank Hot dog bun Baked Beans Ketchup Mustard	None, GF Wheat, Soy & Sesame None None, Vegan/Kosher None, Kosher
<u>M&amp;HS:</u> Tostito Chips Taco Meat Cheese Sauce Lettuce Salsa Cup Black Beans	None, GF None Milk None None None
<u>M&amp;HS:</u> Popcorn Chicken Sweet & Sour Brown Rice Green Beans	Soy & Wheat Soy None None
<u>M&amp;HS:</u> Confetti Pancake Turkey Sausage Tater Tots Syrup	Soy, Egg & Milk None None None, Kosher
<u>M&amp;HS:</u> Pizza Spinach Romaine Ranch	Milk, Wheat & Soy None None Milk & Egg
<u>M&amp;HS:</u> 10" tortilla Spicy Chicken Tenders Shredded Lettuce Shredded Cheddar Green Beans	Wheat Soy & Wheat None Milk None
<u>M&amp;HS:</u> 6" Tortilla	Wheat

<b>Food Item</b>	<b>Allergies</b>
Taco Meat Shredded Cheddar Lettuce Salsa Black Beans Taco Sauce	None Milk None None, GF/Kosher None None
<u>M&amp;HS:</u> Chix Nuggets Dinner Roll Carrot Coins Ketchup BBQ Sauce	Wheat & Soy Wheat, Soy & Sesame None None, Vegan/Kosher None, Kosher
<u>M&amp;HS:</u> Popcorn chicken Mashed Potatoes Gravy Corn Dinner Roll	Soy & Wheat Milk Wheat, Milk & Soy None Wheat, Soy & Sesame
<u>M&amp;HS:</u> Bosco Stick Marinara Spinach Romaine Ranch	Milk & Wheat None None None Milk & Egg
<u>M&amp;HS:</u> Chicken Corn Dog Green Beans Ketchup Mustard	Eggs, Milk, Wheat & Soy None None, Vegan/Kosher None, Kosher
<u>M&amp;HS:</u> Doritos Taco Meat Cheese Sauce Shred Lettuce Salsa Cup Black Beans	Milk None Milk None None None

Food Item	Allergies
<u>M&amp;HS:</u> Dumplings Carrot Coins Sweet & Sour Teriyaki Sauce	Wheat, Soy & Sesame None None, Kosher Soy, Wheat
<u>M&amp;HS:</u> Blueberry Waffle Turkey Sausage Tater Tots Syrup	Wheat, Milk, Egg & Soy None None None
<u>M&amp;HS:</u> Pizza Spinach Romaine Ranch	Milk, Wheat & Soy None None Milk & Egg, Kosher
<u>M&amp;HS:</u> 6" Tortilla Chicken Tenders Lettuce Shredded Cheddar Green Beans	Wheat Soy & Wheat None Milk None
<u>M&amp;HS:</u> Tostito Chips Taco Meat Cheese Sauce Lettuce Salsa Cup Black Beans	None, GF None Milk None None None
<u>Chicken Patty Sandwich:</u> Chicken Patty Bun <u>Cheeseburger Sandwich:</u> Beef Patty Cheese slice Bun <u>Spicy Chicken Patty Sandwich:</u> Spicy Chicken Patty	Soy & Wheat Wheat, Soy & Sesame Soy Milk & Soy Wheat, Soy & Sesame Soy & Wheat

<b>Food Item</b>	<b>Allergies</b>
Bun	Wheat, Soy & Sesame
<u>Cheese Pizza:</u>	Milk, Wheat & Soy
<u>Chef Salad</u>	Milk
<u>Spicy Chicken Salad</u>	Soy, Wheat & Milk
<u>Chicken Popper Salad</u>	Soy, Wheat & Milk

*Menu items subject to change due to supply chain issues*